



# MID NORTH COAST MARINERS



## Mixed Seniors

COACH: Janine Kelly      Mobile: 0415296621  
MANAGER: Wayne Cowgill

**CONGRATULATIONS TO THE FOLLOWING PLAYERS SELECTED TO REPRESENT THE MID NORTH COAST MARINERS FOR THE Mixed Seniors team on 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> of November 2023.**

**Please confirm your position in initial squads with your coach immediately.**

Official training commences late August (date TBA pending council approval), though other scheduled training runs may be organised by your coach pending player availability. Any mid-way sessions will be organised at Macksville. Teams with squads of more than the required 16 (18 in older divisions) are to be finalised no later than 4 weeks out from tournament. Prompt payments, training attendance, position & ability are all considered. Once finalised, unsuccessful players are fully refunded but encouraged to continue to train as shadows in the case of pull outs.

Named shadows are not required to order uniforms or pay unless called up.

Independent selectors from our committee will attend training sessions to assist coaches in the final decision if required. **NOTE:** Under-18 players require a guardian for the duration of the tournament.

**Uniform cost is \$215 (male) \$220 (female) to be paid in full via OES website (link to be provided by your coach) by Tuesday 8<sup>th</sup> August. Includes uniform, socks, rego & region admin' levy.**

**Accommodation is player's responsibility.**

Name	Region
Cassey Hayes	Coffs Harbour
Jill Lihou	Coffs Harbour
Kat Gwynne	Coffs Harbour
Raquel Lievore	Port Macquarie
Sarah Luck	Coffs Harbour
Shelley Lang	Port Macquarie
Female - TBA	
Female - TBA	
Andrew West	Port Macquarie
Deon Glassie	Port Macquarie
Jacob Gow	Coffs Harbour
Luke O'Brien	Port Macquarie
Luke Sprague	Port Macquarie
Luke Wenban	Coffs Harbour
Nathan Grace	Coffs Harbour
Peter Green	Coffs Harbour
Peter Joseph	Coffs Harbour
Scott Street	Coffs Harbour
Scott Comber	Port Macquarie